



# ATMA CENA

PSYCHEDELIC HEALTHCARE SOLUTIONS

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### Patient Information

Last Name: \_\_\_\_\_  
First Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
Gender:    M        F        Non-binary    Prefer not to say  
DOB(dd/mm/yy): \_\_\_\_\_  
Primary Phone #: \_\_\_\_\_  
Email: \_\_\_\_\_  
Health Card #: \_\_\_\_\_

### Referring Physician / Clinic Information

Clinic Name: \_\_\_\_\_  
Office Phone #: \_\_\_\_\_  
Office Fax #: \_\_\_\_\_  
Referring Physician: \_\_\_\_\_  
Prac ID: \_\_\_\_\_  
Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Electronic Signature Disclaimer: By signing your name electronically on this referral form, you are agreeing that your electronic signature is the legal equivalent of your manual signature on this form.

### Service offerings included in the referral

- Initial Consultation (no charge)
- Ketamine-Assisted Therapy
- Repetitive Transcranial Magnetic Stimulation
- Psychedelic-Assisted Therapy (PAT)

### Diagnosis

- MDD
- PTSD
- cPTSD
- OCD
- Addiction
- Anxiety
- Bipolar Affective Disorder

### Clinical information

Height(cm): \_\_\_\_\_  
Weight(kg): \_\_\_\_\_  
Blood Pressure: \_\_\_\_\_  
BMI: \_\_\_\_\_  
Heart Rate: \_\_\_\_\_

### Reason for Referral or Diagnosis:

### Other Specialists Involved in Care:

### Relevant Past (Medical History):

Please include a list of current medications and consultation reports with this referral. This Information will assist us to appropriately triage your patient. Please **fax all documents to 780- 669- 9216 (Edmonton) or 403-270-2037 (Calgary)**. Once all documentation is received and reviewed, a consultation appointment will be scheduled.

\*Please note that this is a private pay service.



ATMA CENA offers innovative mental health service offerings that use psychedelic-assisted therapy to assist individuals in bettering their own mental health and wellness. Fully licensed and committed to educating our community about the new treatment options that are available and bringing forward safe care that supports better mental wellness.

## Service Offerings

### **Ketamine Assisted Therapy (KAT)**

Ketamine is given when other antidepressants don't work. Ketamine is a dissociative anesthetic, meaning that it numbs your body and makes you feel apart from your environment for a short time. It leads to clarity of thinking, lifting of the weight of depression and an increased functional capacity which can take effect within the first few hours following treatment.

### **Repetitive Transcranial Magnetic Stimulation (rTMS)**

rTMS is an electromagnetic device that non-invasively delivers a rapidly pulsed magnetic field to the brain in order to activate neurons without inducing a seizure. The treatment is intended to be used for patients meeting clinical criteria for major depressive disorder, medication resistance and tinnitus. This procedure is done in an outpatient setting with support from a trained technician. TMS (transcranial magnetic stimulation) is a non-invasive neuromodulation technique and has a very direct influence on your brain physiology.

### **Psychedelic-assisted Therapy**

Psychedelic-Assisted Therapy is an intervention designed for patients who may not have responded adequately to traditional treatments for conditions such as severe depression, anxiety disorders, PTSD, substance use disorder and certain chronic pain syndromes. This therapeutic modality combines the administration of ketamine and when appropriate other psychedelic molecules - with therapy sessions to enhance the psychological healing and insight of the patient. Psychedelic-Assisted Therapy should be considered for patients who have not benefited from standard treatment. It is important to note that this therapy is part of a comprehensive treatment plan, including ongoing psychological support and lifestyle modifications to ensure the best outcomes for the patient. To access psychedelic molecules beyond ketamine, health care providers need to submit an application on behalf of their patients to gain approval from Health Canada.

Our clinical team will assess if the service offering(s) are a safe treatment option for your patient. We reserve the right to refuse treatment to anyone we deem not eligible due to medical or mental health reasons, of which we will communicate to you. If you have any further questions or concerns, please don't hesitate to reach out to us!