



✉ training@atmacena.com

🌐 www.atmacena.com

For pricing and scheduling information, please visit [our website](http://www.atmacena.com).



COURSE SYLLABUS

Advanced Psychedelic-Assisted Therapy Certification Program

ATMA's Advanced Psychedelic-Assisted Therapy (PaT) Certification Program is tailored for medical and mental health care professionals seeking comprehensive knowledge and experience in psychedelic therapy. Our program is designed for those aiming to understand psychedelic medicine and its therapeutic applications while confidently engaging in informed discussions with clients and peers on psychedelic therapy. Our curriculum provides the necessary knowledge and real-world facilitation experience required to excel in delivering psychedelic medicine.

Questions? [Book a call](#)



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Program structure

This program provides a comprehensive two-part framework comprising elite didactic coursework and small group work. Students embody the roles of the psychedelic guide, therapist, and client, creating multi-perspective insights into psychedelic medicine.

✓ 12 Lesson modules

12 modules taught by esteemed instructors in the field. Each module covers essential aspects of the subject matter.

✓ 11 multiple choice module reviews

Non-graded reviews within each module offer opportunities for reinforcement and review, aiding in understanding the material covered.

✓ 6 Live Q&As

Interactive Q&A sessions by expert instructors. These sessions provide an opportunity for in-depth discussions and insights into course material. Post-session recordings are included.

✓ Research-based assignments

Two independent research-based assignments to deepen understanding. Share and discuss these assignments within your small group.

✓ 100+ Resources

Access a wealth of downloadable tools, resources, and recommended reading materials complementing the course content.

✓ Experiential-based assignment

Complete an experiential-based assignment independently and share it within your small group.

✓ 11 Live self care sessions

Designed for healthcare practitioners, immerse yourself in 11 self-care sessions. These sessions provide support for your mental health, allowing you to navigate the demands of your profession.

✓ Online community

Join our thriving online community—a hub for collaboration, sharing experiences, and networking with like-minded individuals.



Program schedule

This program is designed to be completed in 4 months, with a total of 60 hours of theoretical training and 25 hours of in person coaching and hands on learning. Upon completing this course, you are eligible for 60 CE credits.

Live Self-Care Sessions

Sundays from 9-10am MST

Tailored for healthcare practitioners, these 11 specialized self-care sessions equip you with essential tools to navigate professional demands while supporting your well-being. Ensure a minimum attendance of 4 sessions for maximum benefit.

Live Q&A Sessions

Wednesdays from 6-7pm MST

Engage directly with your instructors and peers in our live Q&A, gaining invaluable insights and fostering a deeper understanding of the program's key topics.

Add-on In-Person Training

Recognizing the significance of practical learning, ATMA CENA prioritizes firsthand experience for effective facilitation. Our PAT Certification Program can be complemented with an additional 3-day In-Person Coaching Intensive. Led by industry experts, this program equips students with the skills for psychedelic treatment facilitation through immersive instruction, interactive sessions, and role-playing. No medicine is provided.

Students are eligible to register once they have completed the online portion of the Advanced PAT Program. To register, or to find upcoming dates and locations, please [book a call](#) with a program advisor.





Learning outcomes

- ✓ Explore the historical and contemporary research on psychedelics, encompassing their traditional uses and evolution
- ✓ Acquire in-depth knowledge of the pharmacology, interactions, and adverse effects of psilocybin, MDMA, and Ketamine
- ✓ Investigate the current research landscape on micro-dosing psychedelics
- ✓ Comprehend the diverse applications of psychedelic-assisted therapy using psilocybin, MDMA, and Ketamine, particularly in treating major depressive disorder, generalized anxiety disorder, post-traumatic stress disorder, and end-of-life distress
- ✓ Address accessibility for marginalized groups and ethical considerations in LGBTQIA+ communities within psychedelic-assisted psychotherapy
- ✓ Grasp non-ordinary states of consciousness, covering both psychedelic and non-psychedelic experiences
- ✓ Recognize the essential competencies for the safe and ethical facilitation of PaT
- ✓ Articulate the ethical code guiding the implementation of PaT
- ✓ Appreciate the significance of mentorship, peer support, and consultation for sustainable and ethical PaT practice
- ✓ Master the protocols for safe and effective PaT delivery, encompassing client and environment preparation for medicine sessions
- ✓ Develop expertise in supporting a client's integration process, including complementary modalities such as ACT or IFS
- ✓ Engage in practical coaching and small group learning to reinforce didactic course content
- ✓ Embrace the importance of self-care as a PaT facilitator and design a personal plan to promote wellness and sustainability in practice



Program outline

1.1 PSYCHEDELIC FOUNDATIONS

- Definitions of Psychedelics
- Overview of Different Psychedelics
- Traditions and History
- Contemporary History and Research
- Pharmacology and Drug Interactions/Adverse Events
- Micro-dosing Research

1.2 ACCESS AND EQUITY

- Indigenous Perspectives,
- Access for Diverse and Under-Privileged Populations
- Cultural Implications
- Current Regulatory Status of Psychedelics

1.3 EXPANDED STATES OF CONSCIOUSNESS

- Psychedelic and Non-Psychedelic Expanded States of Consciousness
- Comparison of Psilocybin and MDMA Experiences and Outcomes.

2.1 THE THERAPEUTIC FACILITATOR

- Core Competencies,
- Presence/Empathy/Humility/Non-Directive Support
- Principles of Facilitation
- Self-Care for the Facilitator

2.2 ETHICS AND CONSENT

- Ethical Guidelines and Considerations
- Diverse Group Considerations
- Consent/Boundaries and Appropriate Touch
- Harm Reduction in Challenging Situations

2.3 PREPARING THE CLIENT FOR PAT – “SET”

- Overview of “Set”
- Screening for Safe and Optimal Experiences
- Preparing the Client for PaT
- Effective Modalities for Preparing the Client.



Program outline

2.4 PREPARING THE ENVIRONMENT FOR PAT – “SETTING”

- Importance of the Physical, Social, and Cultural Environment
- Elements of the Treatment Space
- The Role of Music
- Individual vs. Group Experiences.

2.5 INTEGRATION OF PAT

- Importance of Integration
- Integration Models
- Individual and Group Integration Considerations.

2.6 APPLICATIONS OF PAT

- Choosing the Correct Psychedelic for the Client
- Addressing Issues including Addictions, PTSD, Palliative Care, Depression and Anxiety, Relationship Counseling, and Leadership/Personal Awareness

COMPLEMENTARY MODALITIES

- Complementary Modalities to PaT
- Internal Family Systems (IFS),
- Breathwork Techniques
- Somatic Therapy
- Relational Integration

Ready to start your journey?

Our program advisors are here to answer your questions and guide you towards your certification journey.

Book a call





Meet your instructors

World class, industry leaders await



Janis Phelps
PhD, Director of
Psychedelic Studies
and Research - CIIS



Dr. Scott Shannon
MD, Principal
Investigator and
Therapist



Dr. Aviva Zohar
MD, Triple Board
Certified in
Addiction , Family, &
Preventative
Medicine



Dr. Anthony Bossis
PhD, Clinical
Assistant Professor,
Department of
Psychiatry NYU



Ben Malcolm
PharmD, MPH,
Spirit Pharmacist -
Founder



Mark Cornfield
MD, FRCPC,
Psychiatrist



Dr. Devon Christie
MD, CCFP, RTC
(Relational Somatic
Therapy)



Dr. Rakesh Jain
MD, MPH,
Psychiatrist, Clinical
Professor - Texas
Tech University
School of Medicine



Susan McBride
RN, MTS, RSW



Mark Haden
MSW, Qi Integrated
Health - Clinical
Supervisor, Adjunct
Professor - UBC



Sandra Jain
MA, PsyD, LPC,
Psychotherapist



Trevor Millar
Ambio Live Sciences
Inc. - Co-Founder,
Ibogaine Facilitator



Alex Belser
PhD, Cybin - Chief
Clinical Officer, Yale
University - Clinical
Research Fellow



Kim Haxton
Indegeneyez - Co-
Founder, Member
of Wasauksing First
Nation, Ontario



Bruce Sanguin
Psychotherapist,
Clinical Fellow at
CAMFT



Pam Kryskow
MD, Roots To Thrive
Program - Medical
Lead



Zach Walsh
PhD, Psychologist,
Associate Professor
- UBC



Philippe Lucas
PhD, SABI Mind -
President



Meet your instructors

World class, industry leaders await



Rich Tyo
Psychotherapist
CRPO



Paul Bridger
BA, ACC, CEC
Intentional
Directions,
Integration Coach



Matthew Kelemen
Sacred Row
Academy, Self-Care
Facilitator



Jane Cooper
BSc, MA, CHyp, CCC,



Rachel Dundas
Registered
Psychologist



Jeff Sorenson
breathARMY,
Founder, Self-Care
Facilitator



Mike Mathers
M.Sc., M.A., R.C.C.,
Addictions and
Trauma Therapist



Natalie Bergstrom
ATMA VP of
Programming



Thomas Hartle
Cancer Survivor -
PaT Recipient
(Section 56
Exemption, SAP)

GET STARTED TODAY

[Book a call](#)



Registration policy

Commitment to Growth: All purchases are final, reflecting your commitment to personal exploration. We prepare each course with dedication, unable to offer refunds.

Flexibility in Learning: If your plans change, you can transfer your spot to someone else, sharing the opportunity for discovery.

Need assistance or have questions? Contact us at training@atmajourney.com. We're here to ensure your journey with us is seamless and enriching.

Thank you for joining us on this journey. We look forward to supporting your exploration.

Disclaimer

This syllabus is designed for educational and informational purposes only. The content provided herein, including any health, fitness, nutritional, legal, technical and all other information, is not intended to convey professional advice nor does it constitute the practice of any regulated discipline included but not limited to medicine, psychology or law. Readers should not rely on this information as a substitute for, nor does it replace, professional medical advice, diagnosis, or treatment.

ATMA CENA does not condone the use of illegal substances. Laws surrounding psychedelics are continuously evolving. It is the reader's responsibility to consult local authorities and ensure that their actions are compliant with current legal regulations. ATMA CENA and the authors are not responsible for any actions or inaction on a user's part based on the information presented in this handbook.